

Wellspiration wellness program

A complimentary wellness program sponsored by



Beneplan Inc



Members of the Beneplan Co-operative are welcome to ask our nutritionist for help. Here is what is covered at no cost:

- Lunch & learns (min 10 people)
- 20 minute one-on-one meetings
- Email questions to evelyne@Beneplan.ca
- Questions by telephone (business hours) to 1-800-387-1670 x226
- Maximum 3 on-site visits per year.

If you require more time, please ask Evelyne for a breakdown of costs.

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evelyne@Beneplan.ca 1-800-387-1670 x226