

Let us help

# workhealthlife.com for Managers

24/7 access to Employee and Family Assistance Program (EFAP) support, tools and resources for managers, supervisors and people leaders.

The EFAP website, workhealthlife.com, provides you with anytime, anywhere access to support, information and resources designed just for you – a people leader at your organization.

## What you'll find in the Manager area

- Instant, confidential and secure access to manager consultations for assistance with sensitive employee and workplace situations
- Manager Orientation video series with tips on how to handle sensitive employee and workplace situations
- People leader guide for reading online or download
- Online inquiry for Workplace Learning Solutions

## How to access the Manager area and get started

Visit workhealthlife.com on the device of your choice—desktop computer or tablet. Mobile phone users will be directed to our My EAP app; our support tools on the app have been specifically designed for use on mobile phones.

Registration on workhealthlife.com ensures you see the specific EFAP services and tools available to your organization. All you need to register is the name of your organization. During the registration process, identify yourself as a “Manager or people leader” and create a unique profile with username and password. Each time you visit the site, login using your credentials and the Manager area will appear in the top navigation menu.



Download My EAP app now at your device app store or scan the QR code.



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## Share the resources with other people leaders

Let your colleagues know about the Manager area on [workhealthlife.com](http://workhealthlife.com) and when you have team members promoted to people leader roles, ensure they update their site profile to “Manager or people leader”. By doing so, the Manager area will become accessible to them each time they login.

You may see some services in the Manager area that are fee for service and reside outside of your organization’s EFAP contract. For more information, please contact us or ask your organization’s HR contact.



Connect with us for confidential support or to learn more

Use the EFAP resources and support designed just for you – the people leader.

For immediate assistance, contact us at **1.844.880.9142** or visit [workhealthlife.com](http://workhealthlife.com).



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