

People Leader Consultations

Dealing with an employee who needs help can challenge people leaders and drain you and your team of precious time, energy and resources.

With advanced training and a thorough understanding of the organization's policies and practices, Shepell specializes in providing in-depth consultations to people leaders. Whether the situation involves disruptive behaviour, threats of violence or self-harm, or inappropriate behaviour in public on in safety-sensitive environments, you can count on your Employee and Family Assistance Program (EFAP) to help you manage through a situation that you may not know how quite to handle.


You can call and have a confidential consultation with a caring professional on how to handle sensitive employee issues, explore options, brainstorm solutions and work on action plans. Your EFAP will work with you as a People Leader to discuss available resources and the best way to support either an individual employee or your team.

Confidential coaching is available on a range of sensitive issues including:

- Serious illness;
- Eating disorders;
- Career changes;
- Cross-cultural communication;
- Personal hygiene issues;
- Expression of suicidal thoughts;
- Harassment;
- Difficult personalities;
- Inappropriate or atypical behaviour;
- Medical conditions;
- Fragile or emotionally sensitive employees' and/or
- Concerning behaviour or appearance.

To learn more about or for an immediate People Leader Consultation contact
Shepell at **1 800 387-4765**



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